



4TH ANNUAL TBAY BEAT THE HEAT
SATURDAY JUNE 1, 2024

Sanctioned/Approved By:

Florida Swimming of USA Swimming # **FL-6711**

“In granting this sanction/approval it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event”.

Conditions of Sanction:

1. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
2. A certification is on file with USA Swimming.
3. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and prohibited.
4. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.
5. All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
6. COVID Prevention:

In applying for this sanction, the host, Tampa Bay Aquatics, agrees to enforce all health and safety mandates and guidelines by USA Swimming, Florida Swimming, the State of Florida, and Tampa Preparatory School.

Please Note: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.



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SATURDAY JUNE 1, 2024

Hosted By: Tampa Bay Aquatics

Location: Tampa Preparatory School – 727 W. Cass Street, Tampa, Florida 33606

Type of Meet: 25 Yard, Timed Final

Dates & Times: Saturday, June 1st, 2024 (10:00am Start Time)

**After entries are received one or two sessions will be created based on the number of entries to limit the number of swimmers on deck at any one time. If two sessions are used, we will split 13&Older in the first session and 12&Under in the second session.*

Pool Specifications: 4-8 lanes. The numbers of lanes used will be determined based on the number of swimmers entered in the race. 25-yard, outdoor heated/chilled pool, non-turbulent lane lines. Water depth at the competition-starting end is a minimum of 6 feet and the turn end is a minimum of 6 feet.

**Based on the number of entries, we may use 4, 5, 6, 7 or 8 lanes for sessions to manage the overall timeline. The remainder of the lanes will be used for warming up and warming down.*

Medical Supervision: Lifeguards on duty and 5 AED devices available.

Timing Equipment: Daktronics Electronic Timing Equipment with Scoreboard, Pads and Buttons

Warm Up: If two sessions, the 13&Older session will have 45 minutes of warm-up and the 12&Under session will have 30 minutes of warm-up. Otherwise one 45-minute warm-up. Lane assignment and warm-up procedures will be published after entries are received.

Eligibility: On deck registration will not be allowed. Open to currently registered USA Swimming swimmers.

Event Limit: 3 individual events per day. Entries that exceed the entry limit(s) will automatically be dropped when they exceed the limit for the meet and or day.

Distance Events: Swimmers may only enter 1 of the following events 400IM, 500Fr, 1000Fr and 1650Fr. Coaches are encouraged to only enter swimmers serious about swimming these races for time cuts.

Seeding: Use 25 yard short course times. No Conversion times. All events will be swum as mixed events, scored separately by gender and age groups slowest to fastest. Depending on the number entries we reserve the right to include a 15min break for warming up and warming down.

Scratch Penalty: No penalty for scratches on the block.

Entries: Entries must be in USA Swimming SDIF format sent by email using Hy-Tek team manager or Team Unify. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Entries will only be accepted via electronic mail. You may e-mail entries to: jason@tbaynation.com

Deck Entries: No deck entries allowed



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Entry Fee per swimmer: \$40 Meet Fee

Heat Sheets: Will be sent out to coaches and families

Entry Deadline: All entries must be received by Tuesday, May 28th by 5:00PM

Officials:

Meet Referee – Bob Bentz

Starter – Andrej Petrov

Admin Official – Nate Braun

Stroke and Turn – Melinda Goldman

Meet Director – Jason Bowes

**Visiting teams are asked to please bring any certified officials they may have*

Scoring: No Scoring for this meet.

Awards: No Awards for this meet.

Team Representative: Prior to the start of the meet, the name of one person other than the coach, who will check with the referee about any matter pertaining to the meet, may be given to the referee. For each team, the coach and that person only will be recognized.

Identification: Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet or prove current coach membership on Deck Pass.

Camera Zones: Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

For Information: Email Tampa Bay Aquatics - jason@tbaynation.com

Rules: Current USA Swimming Rules and Regulations will govern.

Events: Depending on the number of entries received, we may combine the 13&Older and 12&Under events by distance/stroke and swim in one session. Should the events be combined, we will renumber them so they are in consecutive order.



TAMPA BAY AQUATICS

4TH ANNUAL TBAY BEAT THE HEAT

SATURDAY JUNE 1, 2024

Warm up – 8:00am

Meet Start – 9:30am

Order of Events

- | | |
|-----------------|-----------------------|
| Event 1 | Mixed Open 50 Back |
| Event 2 | Mixed Open 100 Back |
| Event 3 | Mixed Open 200 Back |
| Event 4 | Mixed Open 50 Free |
| Event 5 | Mixed Open 100 Free |
| Event 6 | Mixed Open 200 Free |
| Event 7 | Mixed Open 50 Fly |
| Event 8 | Mixed Open 100 Fly |
| Event 9 | Mixed Open 200fly |
| Event 10 | Mixed Open 50 Breast |
| Event 11 | Mixed Open 100 Breast |
| Event 12 | Mixed Open 200 Breast |
| Event 13 | Mixed Open 100 IM |
| Event 14 | Mixed Open 200 IM |
| Event 15 | Mixed Open 400 IM |
| Event 16 | Mixed Open 500 Free |
| Event 17 | Mixed Open 1000 Free |
| Event 18 | Mixed Open 1650 Free |